



Government of South Australia

SA Health



Invitation to Participate in Research

Adelaide Institute for Sleep Health at Repatriation General Hospital is participating in an international study looking at the link between sleep and cardiovascular disease. The 'Sleep Apnea Cardiovascular Endpoints' or 'SAVE' study is investigating if treatment of Obstructive Sleep Apnea (OSA) can reduce blood pressure and the incidence of future heart attacks and strokes.

To be eligible for the study, you must:

- Be aged between 45 - 75
 - Not have previously used CPAP treatment for sleep apnea
 - Have either
 - Coronary artery disease, ie one of the following
 - Previous heart attack
 - Proven angina
 - Previous multiple vessel bypass surgery or coronary artery stents
- OR
- Cerebrovascular disease, ie one of the following
 - Previous stroke
 - Previous transient ischemic attack or TIA

For more information, interested volunteers should contact the study coordinators Samantha Windler or Amanda McKenna on 8275 1149.

The SAVE study has been approved by Repatriation General Hospital Research and Ethics Committee.